



Press Release

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**Christus Publishing Debuts New Lenten Book Collection—  
Third book: A Lenten Journey with Jesus Christ and St. John of the Cross**

**FOR IMMEDIATE RELEASE**

WELLESLEY, MA – December 28, 2009 – [Christus Publishing LLC](http://www.ChristusPublishing.com) has announced the publication of its third book in a new Lenten Book Collection, *A Lenten Journey with Jesus Christ and St. John of the Cross* by Rev. George Mangiaracina, O.C. D. The 280 page book carries a suggested retail price of \$14.95 and is available today through [www.ChristusPublishing.com](http://www.ChristusPublishing.com), Baker & Taylor, Ingram, Pathways Book Service, [Amazon](http://Amazon.com) and other book stores and distribution channels.

Written by modern day Carmelite friar, Rev. George Mangiaracina, O.C.D., the book features daily Lenten Gospel readings, selections from St. John of the Cross' writings, reflections, and prayers. St. John of the Cross places before us God's great invitation of Love. He reminds us that it is God who fulfills our desires, God who yearns for us, and God who will come to us if we seek Him.

Accept the invitation to journey through Lent with Jesus Christ and one of the great spiritual writers of the Catholic Church, St. John of the Cross. Inside the book, you will find an Invitation from St. John of the Cross, a short biography of St. John of the Cross, a History of Lent, and St. John of the Cross on following Jesus. Each day of Lent, weekdays and Sundays, begins with: a Gospel Reading, a selection from the Writings of St. John of the Cross, a Reflection, and a Prayer.

Let this book help you explore the spiritual wisdom of St. John of the Cross and the journey to God.

In addition to publishing this book, Christus Publishing will continue its Lenten Book Collection with the publication of Lenten books inspired by St. Thérèse of Lisieux and Saint Benedict.

According to Christus Publishing founder Peter J. Mongeau, there's an



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emerging need for quality resources to help people explore and expand their spiritual development during Lent. “During the important Lenten season, people want and search for new ways to further their own spirituality. Our new Lenten Book Collection is designed to introduce people to the great saints and spiritual writers of the Church and deepen their prayer life through daily Gospel readings, meditations, other reflections.”

### About the Author

Rev. George Mangiaracina, O.C.D. has been a Discalced Carmelite friar since 1988 with the Discalced Carmelites of the Washington Province. He was ordained into the priesthood in 1993.

He earned a Licentiate degree in Sacred Liturgy in 2001, and his doctorate degree in Sacred Liturgy from Sant’ Anselmo College in Rome, Italy in 2008. He has been an adjunct professor at Boston College, where he taught *Exploring Catholicism*. He has written several articles on the Sacred Liturgy. He was born in 1952, in Brooklyn, NY. Currently, he is a conventual member of the Monastery of the Espousal of Mary and Joseph in Brighton, MA.

### About Christus Publishing

Christus Publishing LLC provides faithful books on Catholic spirituality, prayer, and general interest books about Catholicism. Its first endeavor is a Lenten Book Collection that is designed to introduce Catholics to the great spiritual writers, guides, and intellects of the Church during Lent, a time of prayer and renewal. For more information and sample pages from this new book, visit [www.ChristusPublishing.com](http://www.ChristusPublishing.com) or call 781-424-9321.

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