



Press Release

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**Christus Publishing Debuts New Lenten Book Collection —
2nd book: A Lenten Journey with Jesus Christ and Saint Thérèse of
Lisieux --**

FOR IMMEDIATE RELEASE

WELLESLEY, MA – November 2, 2009 – [Christus Publishing LLC](http://www.ChristusPublishing.com) has announced the publication of its second book in a new Lenten Book Collection, *A Lenten Journey with Jesus Christ and Saint Thérèse of Lisieux*, by Father John F. Russell, O. Carm. The 224 page book carries a suggested retail price of \$14.95 and is available today through www.ChristusPublishing.com, Baker & Taylor, Ingram, Pathway Book Service, [Amazon](http://Amazon.com) and other book stores and channels.

Known as the saint of “the Little Way”, Pope Pius X called St. Thérèse of Lisieux “the greatest saint of modern times.” In 1997, Pope John Paul II declared her a Doctor of the Church for her spiritual wisdom inspired by the Gospel and her original theological insights and teaching. She is one of only three women to be declared a Doctor of the Church.

This new book features an Invitation from Saint Thérèse of Lisieux, a short biography, a brief history of the Carmelite Order, and a section on Prayer, Scripture, and *Lectio Divina*. The journey begins each day of Lent, weekdays and Sundays with: a Gospel Reading, a selection from St. Therese’s writings, a Reflection, and a Prayer. Her teachings remind readers that the presence of God is always with them and that through Lenten meditations, they can open their heart to the living God, and be drawn closer to His presence.

In addition to publishing this book, Christus Publishing continues its Lenten Book Collection this Fall with the publication of Lenten books inspired by St. Benedict and St. John of the Cross.

According to Christus Publishing founder Peter J. Mongeau, many Catholics have a cursory understanding of many saints, but want to know more. “During the important Lenten season, people want and need new ways to



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further their own spirituality. Our new Lenten books are designed to introduce people to the great saints and spiritual writers of the Church and deepen their prayer life through daily Gospel readings, meditations, reflections and prayer.”

About the Author

Fr. John F. Russell, O.Carm. has been a Carmelite friar since 1954. He was ordained to the priesthood in 1960. He has earned several undergraduate and graduate degrees including a Licentiate in Sacred Theology (S.T.L.) at Lateran University in Rome and his Doctorate in Sacred Theology (S.T.D.) from Catholic University of America in 1979. Father Russell has had an association with Immaculate Conception Seminary, the graduate school of theology at Seton Hall University for over twenty-two years, teaching Christian Anthropology and a variety of courses in Christian and Carmelite spirituality.

In the spring of 2009, Pope Benedict XVI awarded Father Russell the Benemerenti Medal for his exceptional service to the Catholic Church.

About Christus Publishing

Christus Publishing LLC provides faithful books on Catholic spirituality, prayer, and general interest books about Catholicism. Its first endeavor is a Lenten Book Collection that is designed to introduce Catholics to the great spiritual writers, guides, and intellects of the Church during Lent, a time of prayer and renewal. For more information and sample pages from this new book, visit www.ChristusPublishing.com or call 781-424-9321.

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