



## Press Release

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### **Christus Publishing Debuts New Lenten Book Collection— First book: A Lenten Journey with Jesus Christ and Saint Benedict**

#### **FOR IMMEDIATE RELEASE**

WELLESLEY, MA – October 26, 2009 – [Christus Publishing LLC](http://www.ChristusPublishing.com) has announced the publication of its first book in a new Lenten Book Collection, *A Lenten Journey with Jesus Christ and Saint Benedict* by Rev. John R. Fortin, O.S. B. The 224 page book carries a suggested retail price of \$14.95 and is available today through [www.ChristusPublishing.com](http://www.ChristusPublishing.com), Baker & Taylor, Ingram, Pathways Book Service, [Amazon](http://Amazon.com) and other book stores and distribution channels.

Written by modern day Benedictine monk, Rev. John R. Fortin, the book features daily Lenten Gospel readings, meditations, prayers and selections from the “Rule of St. Benedict”. This saint found God in many different ways: in the wonders of creation; in his fellow human beings, in the prayerful reading of the Scriptures; in the Sacraments and in the prayer of the Church. Readers are encouraged to journey with Jesus and Saint Benedict during the Lenten season to seek God more fervently and live according to his commandments in faith, hope, and love.

In addition to publishing this book, Christus Publishing will continue its Lenten Book Collection this Fall with the publication of Lenten books inspired by St. Thérèse of Lisieux and St. John of the Cross.

According to Christus Publishing founder Peter J. Mongeau, there’s an emerging need for quality resources to help people explore and expand their spiritual development during Lent. “During the important Lenten season, people want and search for new ways to further their own spirituality. Our new Lenten Book Collection is designed to introduce people to the great saints and spiritual writers of the Church and deepen their prayer life through daily Gospel readings, meditations, other reflections.”

#### About the Author

Rev. John R. Fortin, O.S.B., has been a Benedictine monk at Saint Anselm



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Abbey in Manchester, NH since 1970. He was ordained to the priesthood in 1976. He has earned several graduate degrees including a doctorate in medieval studies from the Medieval Institute at the University of Notre Dame. He is currently a professor in the Philosophy Department at Saint Anselm College.

### About Christus Publishing

Christus Publishing LLC provides faithful books on Catholic spirituality, prayer, and general interest books about Catholicism. Its first endeavor is a Lenten Book Collection that is designed to introduce Catholics to the great spiritual writers, guides, and intellects of the Church during Lent, a time of prayer and renewal. For more information and sample pages from this new book, visit [www.ChristusPublishing.com](http://www.ChristusPublishing.com) or call 781-424-9321.

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